

## **METHOD OF AND SYSTEM FOR HEALTH TREATMENT**

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### **ABSTRACT**

The present invention relates to a method of and a system for treating a health condition of a user. The method includes determining a sensory signal for use to treat the user's health condition, measuring the change to the sensory signal while the user is engaging in an activity, and using the sensory signal change to regulate the user's activity to thereby treat the user's health condition. The system has a sensor device for measuring a sensory signal of the user while the user is engaging in an activity and a display device receiving the sensory signal measured by the sensor device and displaying the sensory signal. The change to the sensory signal is used to regulate the user's activity to thereby treat the user's health condition.